

Buddhist Place Retreat
With Molly Swan
Northumberland Heights Retreat Centre
April 20 -23, 2012
“Endings and Beginnings”

The Buddhist Place is very fortunate to be able to host a residential retreat with Molly Swan at the Northumberland Heights Retreat Centre.

The retreat will begin Friday evening and end after the midday meal on Monday. The retreat is held in silence, except for meetings with the teacher, and will follow a schedule with alternating sitting and walking meditation. There will also be meditation instructions and dharma talks provided by Molly.

Molly Swan has been engaging in spiritual inquiry and meditation practice since the 1980's in Asia, Europe and North America. Her path has been primarily the teachings and practice of the Buddha because they speak with such clarity and possibility for the liberation of the heart and mind. Since 1997 Molly has been teaching Insight Meditation retreats internationally, as well as supporting small groups and individuals in accessing the precious gift of the Buddhist teachings. Other sources of inspiration for Molly have been months of pilgrimage in India, and living 'on the road' where the experience of stepping into the unknown as a daily experience is a powerful teacher. She is a co-founder and guiding teacher for True North Insight Meditation Centre. She has organized and managed retreats for many years in India and Canada, and co-managed at Gaia House Retreat Centre in England in 1987. Molly is home and garden-based in Guelph.

Molly's background includes B.F.A. and M.A. degrees in art and teaching, as well as a diploma in Homeopathy. She often weaves the modalities of meditation and creativity together.

The cost for the 3 day retreat is \$250. There will be a limited number of single rooms available on a first come, first-served basis at a cost of \$300.

Space for the retreat is limited. Places will be allocated to current Buddhist Place members only until February 15, 2012. After Feb.15 any remaining accommodation will be offered to non-members on a first come, first served basis.

The intention is to make the teachings as accessible as possible. There is a spot on the application to indicate if the retreat fee would cause financial hardship and to specify how much you may be able to offer towards the retreat. In those cases, we will make every attempt to accommodate people. Alternately, if you are in a situation that allows and you are able to contribute funds to the Buddhist Place to support bursaries, your generosity is appreciated. A space is on the application for this as well and a tax receipt would be issued for any such contributions.

The teachings are offered without financial compensation to Molly, who is supported by voluntary donations (dana) given by participants at the end of the retreat.

The main meal is served at lunch and a light snack and tea are served in the evening. Meals will be vegetarian with some wheat, dairy and eggs. If you have special dietary needs for health reasons, please let us know and we will do our best to accommodate special needs.

The [Northumberland Heights Retreat Centre](#) is situated north of Cobourg and one hour east of Toronto.

Registration forms will be available at www.buddhistplace.org.

Inquiries may be sent to Jane Wilson at hodgwils@nexicom.net
or call 705-932-5545.

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Name_____ Gender_____ Year of birth_____

Street Address_____

City_____ Postal or Zip Code _____

Phone (home)_____ E-mail _____

Please indicate if you are fairly new to meditation as well as your familiarity with meditation, and retreats.

Please indicate any physical disabilities or special needs to assist in assigning your room.

Cost for the 3 day retreat is \$250 (double or triple occupancy).

If the cost of the retreat is out of reach for you, please indicate amount you are able to offer \$_____.

There are a limited number of single rooms available. Please indicate if you would like a single room (assigned on a first come, first served basis) at a cost of \$300 _____.

I am currently a member of the Buddhist Place_____ (optional)

I have enclosed \$20.00 for a yearly Buddhist Place membership_____. (optional)

I have enclosed a donation of \$ _____ as financial assistance for those who unable to afford the full cost of the retreat.

Please make cheques payable to the Buddhist Place with a deposit of \$100 (not post-dated). The balance is due at registration (April 30). Please contact us as soon as possible if you need to cancel. In case of cancellation two or more weeks before a retreat begins, your deposit is refunded less a \$50 fee.

After that your deposit is not refunded, unless we are able to fill your spot with someone from the waiting list.

Please include payment with registration and mail both to:

Retreat – JaneWilson 700 Carmel Line, RR #2, Millbrook, ON L0A 1G0

For more information, please contact Jane at (705) 932-5545 or hodgwils@nexicom.net

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www.buddhistplace.org